



Sue Lundquist

Speaker, Author, Clarity Coach, and Workshop Leader. Founder of I'm Thankful, LLC.

Sue Lundquist is an accomplished speaker and radio host with knowledge sourced from more than twenty years of experience in personal development and interviewing hundreds of the most inspiring minds. She has a passion for developing powerful tools for transformation, and for making change STICK!

In particular, Sue helps people (especially the ladies):

- ✓ *“Play a bigger game” in life and work.*
- ✓ *Be empowered, purposeful, supported, and heard—standing tall and motivated.*
- ✓ *Be equipped with the tools they need to make measurable changes and make them stick!*

Have Sue speak for your next event, or to your group or association! Also available for MC, panel moderation, and interviewing.



“As the Program Chair for the Renton BPW local, I’m really picky about the speakers we have present to our group. Having seen Sue Lundquist in action before, I knew I wanted her to share her message of The Power of Gratitude, and had high expectations.

Not only did she exceed my expectations by delivering great information and useful tools, but she also connected well with our audience. I heard so many people comment how her remarks were so timely and just what they needed. Sue not only inspired our group, but made me look good too!”

- Stephanie Owens
Coach, Author & Speaker, Specializing in High Performance Women

“Sue’s story, examples and audience engagement clearly show she walks her talk. If you’re looking for an authentic speaker who can make thankfulness come alive, look no further. Sue Lundquist is your gal.”

- Deborah Olive
The Big Coach

Prepared speaking topics:

Working Moms: B4 Burnout Regain Your Power, Purpose & Positive Life

Easy, repeatable, three-step formula to getting you and your family culture back on track.

Working Moms: Are You Passing Your Bad Habits Off to Your Children

Three simple steps for giving you the power and tools to create a loving environment for your children and making their lives their own.

Are You Sabotaging Your Future and Your Child’s Future?

Three simple steps for the professional mom to create a climate of growth at home and at work.

The power of Gratitude to Elevate your bottom line

@20Somethings does this sound familiar: I have no idea what I am doing, or how to find love or a career

Learn simple tools and strategies for your Clarity, Personal Power, Purpose and Love that last & stick.

Or we can discuss customized options tailored for your audience:

206-300-2227



Media Kit online at SueLundquist.com/media including headshots and bio

Sue J. Lundquist

CREATING POSITIVE CHANGE

Discover and LIVE Your Purpose, Passion, and Power Online at SueLundquist.com